



# Homenetmen Antranig Scout/Venturers Camp 10-11 Dec 2016

## The Basin

### What to Take

- Money - \$20 each (may not be required)
- Sleeping bag/thermal matt
- Hat/sunscreen/chapstick/Hand Sanitiser/wet ones/small pack of tissues
- Toothbrush/toothpaste/deodorant/shampoo/conditioner/soap
- Khaki camp shirt to be worn Saturday morning
- Shorts (respectable length for girls)
- Long sleeve shirt/pants for nightwear
- Short sleeve tshirt (Past camp shirts or Armenian theme)
- Swimming costume/towel plus plastic bag for wet towel
- Spare socks and underwear
- Sneakers
- Poncho
- Aqua Games
- Fishing Rod
- Soccer ball/football

### Food

- 2 x 1 litre bottles of water
- Sandwiches for 2 x lunches and 1 x dinner
  - eg Vegemite/nutella/peanut butter/ham & salad/ham, cheese, tomato/manayish/noodles
- Long life milk for cereal (b/fast) small boxes of cereal
- Baked beans/Canned meals
- Muesli bar/trail snacks/raw almonds/raw nuts/dried fruit/cheese biscuit snacks (le snack)/vita wheat etc
- Cans of Tuna
- Plenty of fresh fruit and vegetables
- Beef jerky